

DIVINE OFFICES: SEPT. 11 – 17, 2007



11

Vigils- Early hours
Psalm 56

Pray for the leaders of TILT and Spring Garden

Lauds- Before you leave for work
Psalm 57

Pray for Canada

Prime- Before you get down to work
Psalm 58

Pray for those without shelter or clothes

Terce- Morning coffee
Mark 13:28-37

Pray for the grieving

Sext- Lunch
Psalm 59:1-13

Pray for peace

None- Afternoon break
Psalm 59:14-17

Pray for a family member or friend

Vespers- Before eating dinner
Psalm 60

Pray for Toronto

Compline- Before bed
Psalm 61

Pray for the hungry and thirsty

12

Vigils- Early hours
Psalm 62:1-8

Pray for the poor

Lauds- Before you leave for work
Psalm 62: 9-12

Pray for TILT

Prime- Before you get down to work
Psalm 63

Pray for the Church in Canada and world wide

Terce- Morning coffee
Psalm 64

Pray for politicians

Sext- Lunch
Mark 14:1-11

Pray for the persecuted

None- Afternoon break
Psalm 65

Pray for someone from the TILT community

Vespers- Before eating dinner
Psalm 66

Pray for a world event

Compline- Before bed
Psalm 67

Pray for the prisoner

13

Vigils- Early hours
Psalm 68:1-7

Pray for social justice

Lauds- Before you leave for work
Psalm 68:8-19

Pray for the leaders of TILT and Spring Garden

Prime- Before you get down to work
Psalm 68:20-32

Pray for Canada

Terce- Morning coffee
Psalm 68:33-35

Pray for those without shelter or clothes

Sext- Lunch
Mark 14:12-26

Pray for the grieving

None- Afternoon break
Psalm 69:1-18

Pray for peace

Vespers- Before eating dinner
Psalm 69:19-36

Pray for a family member or friend

Compline- Before bed
Psalm 70

Pray for Toronto

14

Vigils- Early hours
Psalm 71:1-11

Pray for the hungry and thirsty

Lauds- Before you leave for work
Psalm 71:12-24

Pray for the poor

Prime- Before you get down to work
Psalm 72:1-11

Pray for TILT

Terce- Morning coffee
Psalm 72:12-20

Pray for the Church in Canada and world wide

Sext- Lunch
Mark 14:27-42

Pray for politicians

None- Afternoon break
Psalm 73:1-14

Pray for the persecuted

Vespers- Before eating dinner

Pray for someone from the TILT community

Compline- Before bed
Psalm 74

Pray for a world event



15

Vigils- Early hours
Psalm 75

Pray for the prisoner

Lauds- Before you leave for work
Psalm 76

Pray for social justice

Prime- Before you get down to work
Psalm 77:1-9

Pray for the leaders of TILT and Spring
Garden

Terce- Morning coffee
Psalm 77:10-20

Pray for Canada

Sext- Lunch
Mark 14:43-52

Pray for those without shelter or clothes

None- Afternoon break
Psalm 78:1-16

Pray for the grieving

Vespers- Before eating dinner
Psalm 78:17-39

Pray for peace

Compline- Before bed
Psalm 78:40-72

Pray for a family member or friend

16

Vigils- Early hours
Psalm 79

Pray for Toronto

Lauds- Before you leave for work
Psalm 80

Pray for the hungry and thirsty

Prime- Before you get down to work
Psalm 81

Pray for the poor

Terce- Morning coffee
John 8:47-59

Pray for TILT

Sext- Lunch
Psalm 82

Pray for the Church in Canada and world
wide

None- Afternoon break
Psalm 83

Pray for politicians

Vespers- Before eating dinner
Psalm 84

Pray for the persecuted

Compline- Before bed
Psalm 85

Pray for someone from the TILT community

17

Vigils- Early hours
Psalm 86

Pray for a world event

Lauds- Before you leave for work
Psalm 87

Pray for the prisoner

Prime- Before you get down to work
Psalm 88:1-10

Pray for social justice

Terce- Morning coffee
Psalm 88:11-18

Pray for the leaders of TILT and Spring
Garden

Sext- Lunch
Mark 14:53-65

Pray for Canada

None- Afternoon break
Psalm 89:1-18

Pray for those without shelter or clothes

Vespers- Before eating dinner
Psalm 89:19-37

Pray for the grieving

Compline- Before bed
Psalm 89:38-52

Pray for peace