



## A PRAYER BY JOHN WESLEY

Let the inspiration of the Holy Spirit prevent and assist me in all the duties of this Thy sacred day, that my wandering thoughts may all be fixed on Thee, my tumultuous affections composed, and my flat and cold desires quickened into fervent longings and thirstings after Thee.

Let me join in the prayers and praises of Thy Church with ardent and heavenly affection, hear Thy Word with earnest attention and a fixed resolution to obey it. And when I approach Thy altar, pour into my heart humility, faith, hope, love, and all those holy dispositions which become the solemn remembrance of a crucified Saviour.

Let me employ this whole day to the ends for which it was ordained, in works of necessity and mercy, in prayer, praise and meditation; and let the words of my mouth, and the meditation of my heart be always acceptable in Thy sight. Amen.

Let the inspiration of the Holy Spirit prepare and assist me in all the duties of this, Your sacred day. That my wandering thoughts may all be fixed on You, my devotion centered upon You, and my apathy quickened into longing for and thirsting after You.

Let me join in the prayers and praises of Your Church with committed and holy passion. Let me hear Your Word with listening ears and a determination to obey it. And when I approach Your altar, the tree upon which Jesus died, pour into my heart humility, faith, hope, love and a holy character which reflects the crucified Saviour.

Let me make use of this entire day to the ends for which it was intended, doing what must be done but also living out mercy, in prayer, praise and meditation; and let the words of my mouth, and the meditation of my heart be always pleasing in Your sight. Amen.